

## ONLINE RESOURCES on Affair & Sex Addiction Recovery:

**Affair Recovery Center** – help for individuals and couples struggling with infidelity, founded by Rick Reynolds. Help for betrayer and the betrayed. Many free and paid-for resources, videos, etc. Plus confidential online support groups, assessments: [www.affairrecovery.com](http://www.affairrecovery.com)

Affair Recovery Center's Free videos:

<https://www.youtube.com/channel/UCeneINV1yWUhjo1xCjz099Q/videos>

**Authentic Hope**. A team of professionals sensitive to the needs, faith, and struggles of those with problematic sexual behaviors and their partners. <https://www.authentichope.online/>

**Bebroken.org. Men's groups**: Christian support for sex addicts and the unfaithful.

<https://www.bebroken.org/men>

**Bebroken.org. Women's groups**: Christian support for wives/partners.

<https://www.bebroken.org/wives-care-groups>

**Betrayal Trauma Recovery** – Therapists, coaches for women dealing with various kinds of betrayal trauma. Counseling, resources, support groups, and podcasts are available. Anne Blythe.

<https://www.btr.org/about>; <https://www.btr.org/>

Podcasts: <https://podcasts.apple.com/us/podcast/betrayal-trauma-recovery/id1118969643>

**Daring Ventures**: Jake Porter's team of coaches & therapists. Excellent material, podcasts, and help.

<https://www.daringventures.com/>

**Emotional Affair Journey** – Doug and Linda are experienced leaders in the affair recovery movement. Highly recommend getting on their newsletter email list. They have many resources, articles, programs, newsletters and a blog that are very helpful for either one or both partners after a physical or emotional affair: <https://www.emotionalaffair.org/>

**Helping Couples Heal podcasts**. <https://helpingcouplesheal.com/podcasts/>

**Hope After Betrayal** – A nonprofit, Christ-centered ministry founded by Meg Wilson, providing hope and healing for women injured by their partner's sexual betrayal. "We are a growing community of healing and empowered women who educate, support, and mentor other betrayed women."

<https://www.Hopeafterbetrayal.com>

**MichelleMays.com** – A website for both betrayed and sexually addicted spouses. Michelle is a Certified Sex Addiction Therapist and Supervisor has wonderful blogs, groups, and coaching help. Her video channel is filled with healing wisdom. <https://michellemays.com/>

**Videos**: <https://www.youtube.com/c/MichelleMaysChannel/videos>

**Sex and Relationship Healing.** Robert Weiss and others. Drop-in groups for support for betrayed and unfaithful. Panel of experts. <https://sexandrelationshiphealing.com/live-drop-in-discussion-groups/>

**Sex, God & Chaos.** CSAT & other Christian counselors, headed by Roane Hunter. Terrific resources, groups, retreats, and podcasts. <https://lifeworks.ms/team/roane-and-eva-hunter/>

**Surviving Infidelity** – website with resources, articles, and a forum for folks to share their feelings and thoughts in writing. Helpful for folks in a variety of situations: betrayed spouses, recent discovery, separated, working on reconciling, or divorcing. <https://survivinginfidelity.com/>

**Tim Tedder's courses and coaching.** <https://www.timtedder.com/>  
<https://www.affairhealing.com/>  
Podcasts: <https://www.affairhealing.com/podcasts>

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### FACEBOOK GROUPS (mostly for Partners, some are Private)

**Reclaimed:** private Facebook group for betrayed Christian women. Most are still married, but some are separated and divorced. Developed by Stephanie Boersma, life coach and author. She has materials for small group support.

<https://reclaimedministry.com/>  
<https://www.facebook.com/groups/reclaimedministry>

**Wild Betrayed:** a ministry for women by Sarah McDugal, founder, clarity coach, and expert in all kinds of abuse. [https://www.facebook.com/groups/wildbetrayed/?utm\\_source=odia&utm\\_medium=broadcast&utm\\_campaign=1991319](https://www.facebook.com/groups/wildbetrayed/?utm_source=odia&utm_medium=broadcast&utm_campaign=1991319)

**Research for Betrayed Men:** Resources and research regarding men whose wives have betrayed them. This is a much-needed research niche, as so little is available for men in this situation. They have a blog and are developing a Workbook to help men in this situation. Sign-up is free.

<https://www.researchforbetrayedmen.com/mission-statement>

**Hope After Betrayal Ministries,** founded by author and coach Meg Wilson. Executive Director, Kristy Rodriguez. They have terrific resources, support groups, and great Instagram posts.

<https://www.facebook.com/habministries>

**Glory from Your Story:** Founder Sandy Carter-Alpert. Geared for Christian women who have lost their spouses due to infidelity and need encouragement in their healing journey.

<https://www.facebook.com/gloryfromyourstory/>  
<https://www.instagram.com/gloryfromyourstory/>