

Free Online Resources for Partners:

Affair Recovery Center - free videos on a variety of topics:

<https://www.youtube.com/channel/UCeneINV1yWUhjo1xCjz099Q/videos>

The Affair Recovery Podcast - a ministry of Affair Recovery Center. Excellent help for couples and individuals. <https://www.affairrecovery.com/podcast>

Dr. Jake Porter videos: Excellent.

<https://www.youtube.com/channel/UCMVU7SheKr5t2qle9fuWLpQ>

Sex and Relationship Healing, Robert Weiss & others: Free Webinars for partners:

<https://sexandrelationshiphealing.com/your-own-sexual-behavior/weekly-webinars/partners/>

Michelle Mays' videos. Excellent material, attachment-focused.

<https://michellemays.com/resources/learn/#videos>

Be Broken: Founder, Jonathan Daugherty. Support groups, podcasts, and help for men and women. Christian. <https://www.bebroken.org/>

Information on Deceptive Sexuality – Outstanding articles, podcasts, and training for therapists. <https://minwallamodel.com/resource-library/>

Podcasts hosted by Dr. Omar Minwalla: <https://minwallamodel.com/podcasts/>

Beauty Beyond Betrayal: Hope and Healing for Christian Women, podcast. Lisa Limehouse.

<https://beautybeyondbetrayal.podbean.com/>

Betrayal Trauma Recovery. Podcasts for betrayed or abused partners, by Anne Blythe, M.Ed. <https://www.btr.org/podcast/>

Therapist, Kristin Snowden, LMFC, in California. Secular.

Her series of Videos on the impact of Betrayal on partners

<https://www.youtube.com/channel/UCPPgoZVhSfDNTj6VAqJ1FMA>

Living Truth podcasts: Kristin & Michael. Christian. For those struggling with unwanted sexual behaviors and their partners. <https://living-truth.org/podcast>

Unfiltered: Real Talk about Sex and Love. — A podcast for women. Hosted by Ashley Jameson and Heather Kolb. Faith-based.

<https://podcasts.apple.com/us/podcast/unfiltered-real-talk-about-sex-love/id1749351656>

On YouTube: https://www.youtube.com/@_UnfilteredPodcast

Roane & Eva Hunter: Help for couples, sex addiction. Christian. Free Podcasts:

<https://sexgodchaos.com/media>

When the Light Breaks In – podcast with Tesa Saulmon. Christian. Terrific podcast for betrayed spouses, married or not. <https://creators.spotify.com/pod/profile/tesa-saulmon3/>

Other Online Resources For Sex Addiction And Partners Of Sex Addicts:

Online tools for addicts and partners: (secular)

<https://sexhelp.com/>

Daring Ventures (Director, Jake Porter. Some free resources; sign up for all videos and classes, reasonable monthly subscriptions; Christian & faith-sensitive. Top notch.)

<https://go.daringventuresathome.com/>

Roane and Eva Hunter's counseling and ministry. Christian. Counseling, intensives, groups.

<https://sexgodchaos.com/> <https://lifeworks.ms/our-therapists/>

Pure Life Ministries, by Steve and Kathy Gallagher, Faith-based help:

<https://www.purelifeministries.org/for-wives>

Dr. Robert Weiss and others. Free articles plus treatment options.

<https://sexandrelationshiphealing.com/> (resources for both addict and partner)

<https://sexandrelationshiphealing.com/for-partners/> (for partners)

Pure Desire: Christian. <https://puredesire.org/> - groups for men and women, sex addicts and their partners.

Ruth Erickson's website and resources (coaching, book, music):

<https://www.rutherickson.com/shop/p/unfaithful> -finding-healing-after-your-husbands-affair-Whether-your-marriage-survives-or-not

Hope After Betrayal: Groups, courses. Christian.

<https://hopeafterbetrayal.com/>

Restored2More. Clinton & Charity Munoz. Podcasts & Courses. Christian.

<https://restored2more.com/>

Reclaimed Ministry. Stephanie Boersma. Support, resources, and coaching for betrayed partners. Christian. Lynden, WA. <https://reclaimedministry.com/>