

Free VIDEOS, PODCASTS for PARTNERS of the Unfaithful

Collected by Linda J. MacDonald, www.lindajmacdonald.com

Affair Recovery Center: Free videos on a variety of topics:

<https://www.youtube.com/channel/UCeneINV1yWUhjo1xCjz099Q/videos>

Partner Trauma, Part I — <https://www.youtube.com/watch?v=vZ8sdPQZpWI>

Partner Trauma, Part II – <https://www.youtube.com/watch?v=XxBpetWtJJg&t=1s>

Healing Apology: (what you may never hear but need to):

<https://www.bing.com/videos/search?q=hope+rising%2c+2018+apology+from+the+unfaithful&view=detail&mid=1AFC7E0D58AF11351F471AFC7E0D58AF11351F4-7&FORM=VIRE>

Dr. Jake Porter videos: Outstanding resource and interviews. Expert on sex addiction and partner recovery: <https://www.youtube.com/channel/UCMVU7SheKr5t2qle9fuWLpQ>

Sex and Relationship Healing, Robert Weiss & others: Free Webinars for partners:

<https://sexandrelationshiphealing.com/your-own-sexual-behavior/weekly-webinars/partners/>

Michelle Mays' videos. Excellent material, through the lens of attachment.

<https://michellemays.com/resources/learn/#videos>

Hope for Wives Podcast. Recovery from Betrayal through a Christian Lens. Hosted by Lyschel Burket, Bonnie Burns, and Pam Blizzard. For married and divorced Christian spouses.

<https://hopeforwives.com/>

Institute for Sexual Health: Outstanding info on deceptive sexuality, hosted by Dr. Omar Minwalla. <https://minwallamodel.com/podcasts/>

Beauty Beyond Betrayal: Hope and Healing for Christian Women Podcast: Lisa Limehouse.

<https://beautybeyondbetrayal.podbean.com/>

Betrayal Trauma Recovery. Free podcasts: <https://www.btr.org/podcast/>

Betrayal Healing podcasts. By Tammy Gustafson, therapist and Denver Seminary grad.

<https://betrayalhealing.com/seen-here/#podcast>

Beyond Betrayal Community: For Wives and former wives of sex addicts.

<https://www.youtube.com/@BeyondbetrayalCommunityHome>

Living Truth podcasts (free): Kristin & Michael Cary, <https://livingtruth61.podbean.com/>

Videos: https://www.youtube.com/channel/UC_BCrl-_2h6YzVzMssGLKKeA

Unfiltered: Real Talk about Sex and Love: A podcast for women. Hosted by Ashley Jameson and Heather Kolb. Faith-based.

<https://podcasts.apple.com/us/podcast/unfiltered-real-talk-about-sex-love/id1749351656>

On YouTube: https://www.youtube.com/@_UnfilteredPodcast

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Roane & Eva Hunter: Sex, God & Chaos podcast: <https://sexgodchaos.com/media>

Videos: https://www.youtube.com/results?search_query=sex+god+and+chaos

Therapy & Theology Podcast: Lysa Terkeurst, Jim Cress & Dr. Joel Muddamalle

<https://therapyandtheology.transistor.fm/episodes>

(Secular) Therapist, Kristin Snowden, LMFC in California:

Her series of Videos on the impact of Betrayal on partners

<https://www.youtube.com/channel/UCPPgoZVhSfDNTj6VAqJ1FMA>