

## Free VIDEOS, PODCASTS, & Fee-based CONFERENCES for PARTNERS of the Unfaithful

Collected by Linda J. MacDonald, [www.lindajmacdonald.com](http://www.lindajmacdonald.com)

**Affair Recovery Center:** Free videos on a variety of topics:

<https://www.youtube.com/channel/UCeneINV1yWUhjo1xCjz099Q/videos>

**Partner Trauma, Part I** — <https://www.youtube.com/watch?v=vZ8sdPQZpWI>

**Partner Trauma, Part II** – <https://www.youtube.com/watch?v=XxBpetWtJJg&t=1s>

**Healing Apology:** (what you may never hear but need to):

<https://www.bing.com/videos/search?q=hope+rising%2c+2018+apology+from+the+unfaithful&view=detail&mid=1AFC7E0D58AF11351F471AFC7E0D58AF11351F4-7&FORM=VIRE>

**Dr. Jake Porter videos:** Outstanding resource and interviews. Expert on sex addiction and partner recovery: <https://www.youtube.com/channel/UCMVU7SheKr5t2qle9fuWLpQ>

**Sex and Relationship Healing,** Robert Weiss & others: Free Webinars for partners:

<https://sexandrelationshiphealing.com/your-own-sexual-behavior/weekly-webinars/partners/>

**Michelle Mays' videos.** Excellent material, through the lens of attachment.

<https://michellemays.com/resources/learn/#videos>

**Hope for Wives Podcast.** Recovery from Betrayal through a Christian Lens. Hosted by Lyschel Burket, Bonnie Burns, and Pam Blizzard. For married and divorced Christian spouses.

<https://hopeforwives.com/>

**Institute for Sexual Health:** Outstanding info on deceptive sexuality, hosted by Dr. Omar Minwalla. <https://minwallamodel.com/podcasts/>

**Beauty Beyond Betrayal: Hope and Healing for Christian Women Podcast:** Lisa Limehouse.

<https://beautybeyondbetrayal.podbean.com/>

**Betrayal Trauma Recovery.** Free podcasts: <https://www.btr.org/podcast/>

**Betrayal Healing podcasts.** By Tammy Gustafson, therapist and Denver Seminary grad.

<https://betrayalhealing.com/seen-here/#podcast>

**Beyond Betrayal Community:** For Wives and former wives of sex addicts.

<https://www.youtube.com/@BeyondbetrayalCommunityHome>

**Living Truth podcasts (free):** Kristin & Michael Cary, <https://livingtruth61.podbean.com/>

Videos: [https://www.youtube.com/channel/UC\\_BCrl-\\_2h6YzVzMssGLKeA](https://www.youtube.com/channel/UC_BCrl-_2h6YzVzMssGLKeA)

**Unfiltered: Real Talk about Sex and Love:** A podcast for women. Hosted by Ashley Jameson and Heather Kolb. Faith-based.

<https://podcasts.apple.com/us/podcast/unfiltered-real-talk-about-sex-love/id1749351656>

**On YouTube:** [https://www.youtube.com/@\\_UnfilteredPodcast](https://www.youtube.com/@_UnfilteredPodcast)

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**Roane & Eva Hunter:** Sex, God & Chaos podcast: <https://sexgodchaos.com/media>  
Videos: [https://www.youtube.com/results?search\\_query=sex+god+and+chaos](https://www.youtube.com/results?search_query=sex+god+and+chaos)

**Therapy & Theology Podcast:** Lysa Terkeurst, Jim Cress & Dr. Joel Muddamalle  
<https://therapyandtheology.transistor.fm/episodes>  
(Secular) Therapist, Kristin Snowden, LMFC in California:  
Her series of Videos on the impact of Betrayal on partners  
<https://www.youtube.com/channel/UCPPgoZVhSfDNTj6VAqJ1FMA>

### Fee-based CONFERENCES & Groups for Christian Women

**Betrayal Healing Conference:** Online 5-day conference hosted by Tammy Gustafson. January 26-30, 2026. 35 speakers. <https://betrayalhealingconference.com/>

**Bravery After Betrayal:** Weekend Intensives for betrayed women, hosted by Sheri Keffer. Mostly for spouses and former spouses of sex addicts. In Arizona.  
<https://www.braveone.com/intensive>

**Healing Hope Groups:** A 12-week journey after betrayal. Biblically sound. Options: Thursday mornings or Monday evenings. \$250. Founder, Meg Wilson. Executive Director, Kristy Rodriguez. <https://hopeafterbetrayal.com/hope-and-healing-groups/>  
They also have the best Instagram posts online: <https://instagram.com/hopeafterbetrayal>

**Take Your Life Back.** A 3-day intensive for betrayed women. Hosted by Anne Bercht. Usually held in Dayton, Ohio. Includes meals, lodging, and materials. \$1600. Empowering. Highly recommend. Next one: November 2025.  
<https://www.beyondaffairs.com/offerings/take-your-life-back>

**Women in the Battle:** Hosted by Kristin Cary and her facilitators. Weekly 90-minute Zoom groups, videos, and resources. \$152/month.  
<https://www.living-truth.org/women-in-the-battle-1>

### PODCASTS with LDS Leanings, But Sensitive To All Faiths:

**Choose Recovery Services – Luke and Alana Gordon and team. (faith-sensitive)**  
<https://www.chooserecoveryservices.com/videos/>

**Rise Up Restored. Becky Ruff. (faith-sensitive).** <https://riseuprestored.com/podcast>

**The Empowered Divorce podcast. (faith-sensitive)**  
<https://amiewoolsey.com/amie-woolsey-podcasts>  
videos: <https://www.youtube.com/@amiewoolsey/videos>