

ONLINE RESOURCES on Affair & Sex Addiction Recovery:

AffairHealing.com - Tim Tedder, Affair recovery expert. Offers courses and coaching.

<https://www.timtedder.com/> <https://www.affairhealing.com/>

Free Podcasts: <https://www.affairhealing.com/podcasts>

Affair Recovery Center – help for individuals and couples struggling with infidelity, founded by Rick Reynolds. Help for betrayer and the betrayed. Many free and paid-for resources, videos, etc. Plus confidential online support groups, assessments: www.affairrecovery.com

Excellent Affair Recovery Center Free videos:

<https://www.youtube.com/channel/UCeneINV1yWUhjo1xCjz099Q/videos>

Authentic Hope - A team of professionals sensitive to the needs, faith, and struggles of those with problematic sexual behaviors and their partners. <https://www.authentichope.online/>

Bebroken.org. Men's groups - Christian support for sex addicts and the unfaithful.

<https://www.bebroken.org/men>

Bebroken.org. Women's groups: Christian support for wives/partners.

<https://www.bebroken.org/wives-care-groups>

Betrayal Trauma Recovery – Therapists, coaches for women dealing with various kinds of betrayal trauma. Counseling, resources, support groups, and podcasts are available. Anne Blythe.

<https://www.btr.org/about>; <https://www.btr.org/>

Podcasts: <https://podcasts.apple.com/us/podcast/betrayal-trauma-recovery/id1118969643>

Daring Ventures - Jake Porter's team of coaches & therapists. Excellent material, podcasts, and help. Most, if not all, are believers. <https://www.daringventures.com/>

Emotional Affair Journey – Doug and Linda are experienced leaders in the affair recovery movement. Highly recommend getting on their newsletter email list. They have many resources, articles, programs, newsletters and a blog that are very helpful for either one or both partners after a physical or emotional affair: <https://www.emotionalaffair.org/>

Helping Couples Heal podcasts. <https://helpingcouplesheal.com/podcasts/>

Hope After Betrayal – A nonprofit, Christ-centered ministry founded by Meg Wilson, providing hope and healing for women injured by their partner's sexual betrayal. "We are a growing community of healing and empowered women who educate, support, and mentor other betrayed women."

<https://www.Hopeafterbetrayal.com>

MichelleMays.com – A website for both betrayed and sexually addicted spouses. Michelle is a Certified Sex Addiction Therapist and Supervisor has wonderful blogs, groups, and coaching help. Her video channel is filled with healing wisdom. <https://michellemays.com/>
Free Videos: <https://www.youtube.com/c/MichelleMaysChannel/videos>

Sex and Relationship Healing - Robert Weiss and others. Drop-in groups for support for betrayed and unfaithful. Panel of experts. <https://sexandrelationshiphealing.com/live-drop-in-discussion-groups/>

Sex, God & Chaos - CSAT & other Christian counselors, headed by Roane Hunter. Terrific resources, groups, retreats, and podcasts. <https://lifeworks.ms/team/roane-and-eva-hunter/>

Surviving Infidelity – website with resources, articles, and a forum for folks to share their feelings and thoughts in writing. Helpful for folks in a variety of situations: betrayed spouses, recent discovery, separated, working on reconciling, or divorcing. <https://survivinginfidelity.com/>