

## **AFFAIR & SEX ADDICTION RECOVERY FOR PARTNERS**

### **FREE VIDEOS and PODCASTS (most are Faith-based):**

#### **Affair Recovery Center - free videos on a variety of topics:**

<https://www.youtube.com/channel/UCeneINV1yWUhjo1xCjz099Q/videos>

#### **Dr. Jake Porter videos:** Excellent.

<https://www.youtube.com/channel/UCMVU7SheKr5t2qle9fuWLpQ>

#### **Sex and Relationship Healing, Robert Weiss & others: Free Webinars for partners:**

<https://sexandrelationshiphealing.com/your-own-sexual-behavior/weekly-webinars/partners/>

#### **Michelle Mays' videos.** Excellent material, attachment-focused.

<https://michellemays.com/resources/learn/#videos>

**Be Broken:** Founder, Jonathan Daugherty. Support groups, podcasts, and help for men and women. Christian. <https://www.bebroken.org/>

**Information on Deceptive Sexuality** – Outstanding articles, podcasts, and training for therapists. <https://minwallamodel.com/resource-library/>

**Beauty Beyond Betrayal: Hope and Healing for Christian Women,** podcast. Lisa Limehouse.

<https://beautybeyondbetrayal.podbean.com/>

**Betrayal Trauma Recovery.** Free podcasts: <https://www.btr.org/podcast/>

**Therapist, Kristin Snowden,** LMFC, in California. Secular:

Her series of **Videos** on the impact of Betrayal on partners

<https://www.youtube.com/channel/UCPPgoZVhSfDNTj6VAqJ1FMA>

**Living Truth podcasts (free):** Kristin & Michael, <https://living-truth.org/podcast/>

**Unfiltered: Real Talk about Sex and Love.** — A podcast for women. Hosted by Ashley Jameson and Heather Kolb. Faith-based.

<https://podcasts.apple.com/us/podcast/unfiltered-real-talk-about-sex-love/id1749351656>

**On YouTube:** [https://www.youtube.com/@\\_UnfilteredPodcast](https://www.youtube.com/@_UnfilteredPodcast)

**Roane & Eva Hunter:** Help for couples, sex addiction. Christian. Free Podcasts:

<https://sexgodchaos.com/media>

## Other Online Resources For Sex Addiction And Partners Of Sex Addicts:

**Online tools for addicts and partners:** (secular)

<https://sexhelp.com/>

**Jake Porter and team:** (Some free resources; sign up for all videos and classes, reasonable monthly subscriptions; Christian & faith-sensitive. Top notch.)

<https://go.daringventuresathome.com/>

**Roane and Eva Hunter's counseling and ministry.** Christian. Counseling, intensives, groups.

<https://sexgodchaos.com/> <https://lifeworks.ms/our-therapists/>

**Steve and Kathy Gallagher, Faith-based help:**

<https://www.purelifeministries.org/for-wives>

**Dr. Robert Weiss and others.** Free articles plus treatment options.

<https://sexandrelationshiphealing.com/> (resources for both addict and partner)

<https://sexandrelationshiphealing.com/for-partners/> (for partners)

**Pure Desire: Ted and Diane Roberts' ministry.** Christian.

<https://puredesire.org/> - groups for men and women, sex addicts and their partners.

**Ruth Erickson's website and resources** (coaching, book, music):

<https://www.rutherrickson.com/shop/p/unfaithful-finding-healing-after-your-husbands-affair-whether-your-marriage-survives-or-not>

**Hope After Betrayal:** Groups, courses. Christian.

<https://hopeafterbetrayal.com/>

**Restored2More.** Clinton & Charity Munoz. Podcasts & Courses. Christian.

<https://restored2more.com/>

**Reclaimed Ministry.** Stephanie Boersma. Support, resources, and coaching for betrayed partners. Christian. Lynden, WA. <https://reclaimedministry.com/>