

## INFIDELITY RESOURCES FOR PROFESSIONALS:

**Podcast featuring Dr. Minwalla interview:** <https://www.btr.org/secret-sexual-basement/>  
Outstanding information. The Transcript is also valuable.

***Patterns of Infidelity and Their Treatment*** by Emily Brown (excellent, theoretical for Systems-trained therapists). <https://www.amazon.com/Patterns-Infidelity-Their-Treatment-Emily/dp/1583913696/>

***NOT “Just Friends,”*** by Shirley Glass (Good for both therapists and clients, but a bit long for clients; her approach is my favorite.)  
<https://www.amazon.com/Not-Just-Friends-Rebuilding-Recovering/dp/0743225503>

***The Post-Traumatic Stress Disorder Sourcebook*** – by Dr. Glenn Schiraldi  
<https://www.amazon.com/Post-Traumatic-Disorder-Sourcebook-Revised-Expanded/dp/0071840591/>

***Blind to Betrayal*** – Jennifer Freyd (relates to any kind of abusive betrayal; scientific)  
<https://www.amazon.com/Blind-Betrayal-Ourselves-Arent-Fooled/dp/0470604409>

***Helping Couples Get Past the Affair***, by Baucom, Snyder & Gordon. (very clinical but good).  
<https://www.amazon.com/Helping-Couples-Get-Past-Affair/dp/1609182391>

***Handbook of the Clinical Treatment of Infidelity***, Piercy, Hertlein, Wetchler, Editors. (2005).  
Haworth Press. (If you only wish to read ONE book on helping couples cope with infidelity, this volume contains chapters written by respected clinicians, useful for therapists.)

***Intimate Deception***, Sheri Keffer, Ph.D. author, speaker, featured on “New Life Today,” a Christian self-help radio show by a group of psychologists. I include it here as she covers the neurobiology of Trauma so well. She explains with relatable metaphors, although still a bit technical for the average reader. A wealth of information, especially for spouses of sex addicts.  
<https://www.amazon.com/Intimate-Deception-Dr-Sheri-Keffer/dp/0800735056>

***Unbroken: The Trauma Response is Never Wrong***. (2023). Mary Catherine McDonald, PhD.  
One of the best books to explain trauma and coping strategies in easy-to-understand terms. Good for clinicians and clients alike.

### ONLINE SUPPORT for PROFESSIONALS:

<https://sexandrelationshiphealing.com/your-own-sexual-behavior/weekly-webinars/professionals-betrayed-partner-group-for-women/> (free online drop-in group for betrayed spouses who are professionals who need to find a safe space to process their own betrayal without fear of running into a client).